# Research Article <br> Multiple Periodic Solutions to Nonlinear Discrete Hamiltonian Systems 

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An existence result of multiple periodic solutions to the asymptotically linear discrete Hamiltonian systems is obtained by using the Morse index theory.

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## 1. Introduction

Let $\mathbb{Z}$ and $\mathbb{R}$ be the sets of all integers and real numbers, respectively. For $a, b \in \mathbb{Z}$, define $\mathbb{Z}(a)=\{a, a+1, \ldots\}$ and $\mathbb{Z}(a, b)=\{a, a+1, \ldots, b\}$ when $a \leq b$. Let $A$ be an $n \times m$ matrix. $A^{\tau}$ denotes the transpose of $A$. When $n=m, \sigma(A)$ and $\operatorname{det}(A)$ denote the set of eigenvalues and the determinant of $A$, respectively.

In this paper, we study the existence of multiple $p$-periodic solutions to the following discrete Hamiltonian systems:

$$
\begin{equation*}
\Delta x(n)=J \nabla H(L x(n)), \quad n \in \mathbb{Z} \tag{1.1}
\end{equation*}
$$

where $p>2$ is a prime integer, $\Delta x(n)=x(n+1)-x(n), x(n)=\binom{x_{1}(n)}{x_{2}(n)}$ with $x_{i}(n) \in \mathbb{R}^{d}$, $i=1,2, L$ is defined by $L x(n)=\binom{x_{1}(n+1)}{x_{2}(n)}, J=\left(\begin{array}{cc}0 & -I_{d} \\ I_{d} & 0\end{array}\right)$ is the standard symplectic matrix with $I_{d}$ the identity matrix on $\mathbb{R}^{d}, H \in C^{1}\left(\mathbb{R}^{2 d}, \mathbb{R}\right)$, and $\nabla H(z)$ denotes the gradient of $H$ in $z$.

We may think of systems (1.1) as being a discrete analog of the following Hamiltonian systems:

$$
\begin{equation*}
\dot{x}=J \nabla H(x(t)), \quad t \in \mathbb{R}, \tag{1.2}
\end{equation*}
$$

which has been studied extensively by many scholars. For example, by using the critical point theory, some significant results for the existence and multiplicity of periodic and subharmonic solutions to (1.2) were obtained in [1-5].

Some authors have also contributed to the study of (1.1) for the disconjugacy, boundary value problems, oscillations, and asymptotic behavior, see, for example, [6-9]. In recent years, existence and multiplicity results of periodic solutions to discrete Hamiltonian systems employing the minimax theory and the geometrical index theory have appeared in the literature. For example, for the case that $H$ is superquadratic both at zero and at infinity, by using the $Z_{2}$ geometrical index theory and the linking theorem, some sufficient conditions for the existence of multiple periodic solutions and subharmonic solutions to (1.1) were obtained in [10]. For the case that $H$ is subquadratic at infinity, some sufficient conditions on the existence of periodic solutions to (1.1) were proved in [11] by using the saddle point theorem. Recently, in [12], the authors have obtained some sufficient conditions on the multiplicity results of periodic solutions to a class of second difference equation by using the $Z_{p}$ geometrical index theory. Our main purpose in this paper is to give a lower bound of the number of $p$-periodic solutions to (1.1) by using the Morse index theory and a multiplicity result in [12].

The rest of this paper is organized as follows. In Section 2, we present some useful preliminary results. In Section 3, we firstly introduce the Morse index theory for the $p$ periodic linear Hamiltonian systems:

$$
\begin{equation*}
\Delta x(n)=J S(n) L x(n), \quad n \in \mathbb{Z} \tag{1.3}
\end{equation*}
$$

where $S(n)$ is a real symmetric positive definite $2 d \times 2 d$ matrix with $S(n+p)=S(n)$ for every $n \in \mathbb{Z}$, and then, for any real symmetric positive definite matrix $S$, we define a pair of index functions $(i(S, p), \nu(S, p)) \in \mathbb{Z}(0,2 d p) \times \mathbb{Z}(0,2 d p)$ and obtain the formulae of the computations of index functions for a diagonal positive definite matrix. In Section 4, by using the Morse index theory and a multiplicity result in [12], we establish a result on the existence of multiple periodic solutions to (1.1) where $H$ satisfies the asymptotically linear conditions.

## 2. Preliminaries

In order to apply the Morse index theory to study the existence of multiple $p$-periodic solutions to (1.1), we now state some basic notations and useful lemmas.

Let $\Omega$ be the set of sequences $x=\{x(n)\}_{n \in \mathbb{Z}}$, that is,

$$
\begin{equation*}
\Omega=\left\{x=\{x(n)\} \left\lvert\, x(n)=\binom{x_{1}(n)}{x_{2}(n)} \in \mathbb{R}^{2 d}\right., x_{j}(n) \in \mathbb{R}^{d}, j=1,2, n \in \mathbb{Z}\right\} . \tag{2.1}
\end{equation*}
$$

$x$ can be rewritten as $x=\left(\ldots, x^{\tau}(-n), \ldots, x^{\tau}(-1), x^{\tau}(0), x^{\tau}(1), \ldots, x^{\tau}(n), \ldots\right)^{\tau}$. For any
$x, y \in \Omega, a, b \in \mathbb{R}, a x+b y$ is defined by

$$
\begin{align*}
a x+b y \triangleq & \{a x(n)+b y(n)\} \\
= & \left(\ldots, a x^{\tau}(-n)+b y^{\tau}(-n), \ldots, a x^{\tau}(-1)+b y^{\tau}(-1), a x^{\tau}(0)+b y^{\tau}(0),\right.  \tag{2.2}\\
& \left.a x^{\tau}(1)+b y^{\tau}(1), \ldots, a x^{\tau}(n)+b y^{\tau}(n), \ldots\right)^{\tau} .
\end{align*}
$$

Then $\Omega$ is a vector space.
For any given prime integer $p>2, E_{p}$ is defined as a subspace of $\Omega$ by

$$
\begin{equation*}
E_{p}=\{x=\{x(n)\} \in \Omega \mid x(n+p)=x(n), n \in \mathbb{Z}\} . \tag{2.3}
\end{equation*}
$$

$E_{p}$ can be equipped with the norm $\|\cdot\|_{E_{p}}$ and the inner product $\langle\cdot, \cdot\rangle_{E_{p}}$ as follows:

$$
\begin{equation*}
\|x\|_{E_{p}}=\left(\sum_{n=1}^{p}|x(n)|^{2}\right)^{1 / 2}, \quad\langle x, y\rangle_{E_{p}}=\sum_{n=1}^{p}(x(n), y(n)), \tag{2.4}
\end{equation*}
$$

where $|\cdot|$ denotes the usual Euclidean norm and $(\cdot, \cdot)$ denotes the usual scalar product in $\mathbb{R}^{2 d}$.

Define a linear map $\Gamma: E_{p} \rightarrow \mathbb{R}^{2 d p}$ by

$$
\begin{align*}
\Gamma x= & \left(x_{1}^{1}(1), \ldots, x_{1}^{d}(1), x_{1}^{1}(2), \ldots, x_{1}^{d}(2), \ldots, x_{1}^{1}(p), \ldots, x_{1}^{d}(p),\right. \\
& \left.x_{2}^{1}(1), \ldots, x_{2}^{d}(1), x_{2}^{1}(2), \ldots, x_{2}^{d}(2), \ldots, x_{2}^{1}(p), \ldots, x_{2}^{d}(p)\right)^{\tau}, \tag{2.5}
\end{align*}
$$

where $x=\{x(n)\}$ and $x(i)=\left(x_{1}^{1}(i), \ldots, x_{1}^{d}(i), x_{2}^{1}(i), \ldots, x_{2}^{d}(i)\right)^{\tau}$ for $i \in \mathbb{Z}(1, p)$. It is easy to see that the map $\Gamma$ is a linear homeomorphism with $\|x\|_{E_{p}}=|\Gamma x|$ and $\left(E_{p},\langle\cdot, \cdot\rangle_{E_{p}}\right)$ is a Hilbert space which can be identified with $\mathbb{R}^{2 d p}$.

To get a decomposition of the Hilbert space $E_{p}$, in the following we discuss the eigenvalue problem:

$$
\begin{equation*}
\Delta x(n)=\lambda J L x(n), \quad n \in \mathbb{Z}, \quad x(n+p)=x(n) \tag{2.6}
\end{equation*}
$$

where $\lambda \in \mathbb{R}$.
It is obvious that $\lambda=0$ is an eigenvalue of (2.6) whose eigenfunction can be given by

$$
\begin{equation*}
\eta_{0}(n)=\left(a_{1}, a_{2}, \ldots, a_{2 d}\right)^{\tau}, \quad a_{i} \in \mathbb{R}, i=1,2, \ldots, 2 d, n=1,2, \ldots, p . \tag{2.7}
\end{equation*}
$$

By a simple computation, (2.6) is equivalent to

$$
\begin{align*}
& \Delta x_{1}(n)=-\lambda x_{2}(n), \quad x_{1}(n+p)=x_{1}(n), \\
& \Delta x_{2}(n-1)=\lambda x_{1}(n), \quad x_{2}(n+p)=x_{2}(n) . \tag{2.8}
\end{align*}
$$

If $\lambda \neq 0$, then (2.8) is equivalent to

$$
\begin{array}{ll}
\Delta^{2} x_{1}(n-1)+\lambda^{2} x_{1}(n)=0, & x_{1}(n+p)=x_{1}(n), \\
\Delta^{2} x_{2}(n-1)+\lambda^{2} x_{2}(n)=0, & x_{2}(n+p)=x_{2}(n) . \tag{2.9}
\end{array}
$$

It is known that (2.9) has a nontrivial solution if and only if $\lambda^{2}=\lambda_{k}^{2}=4 \sin ^{2}(k \pi / p)$ with $k \in \mathbb{Z}(1,(p-1) / 2)$, see, for example, [13, 14]. So in this case (2.6) has a nontrivial solution if and only if $\lambda=\lambda_{k}=2 \sin (k \pi / p)$ with $k \in \mathbb{Z}(-(p-1) / 2,(p-1) / 2) \backslash\{0\}$. It is easy to see that the multiplicities of $\lambda_{k}$ for each $k \in \mathbb{Z}(-(p-1) / 2,(p-1) / 2)$ are of the same number $2 d$.

To get an explicit decomposition of the Hilbert space $E_{p}$, in the following, we also need to compute eigenfunctions of (2.6) corresponding to each $\lambda_{k}, k \neq 0$.

Fix a $k \in \mathbb{Z}(-(p-1) / 2,-1) \cup \mathbb{Z}(1,(p-1) / 2)$, any solutions to (2.9) can be written as

$$
\begin{equation*}
x_{1}(n)=c_{1} \cos (k w n)+c_{2} \sin (k w n), \quad x_{2}(n)=d_{1} \cos (k w n)+d_{2} \sin (k w n), \tag{2.10}
\end{equation*}
$$

where $w=2 \pi / p$ and $c_{1}, c_{2}, d_{1}, d_{2}$ are constant vectors in $\mathbb{R}^{d}$. Using the relation between $x_{1}, x_{2}$, that is, (2.8) with $\lambda=\lambda_{k}$, we have

$$
\begin{align*}
& c_{1} \sin \left(\frac{k w}{2}\right)-c_{2} \cos \left(\frac{k w}{2}\right)=d_{1} \\
& c_{2} \sin \left(\frac{k w}{2}\right)+c_{1} \cos \left(\frac{k w}{2}\right)=d_{2} \tag{2.11}
\end{align*}
$$

If we choose $c_{1}=e_{j}, c_{2}=0$, then $d_{1}=\sin (k w / 2) e_{j}, d_{2}=\cos (k w / 2) e_{j}$; if we choose $c_{1}=0$, $c_{2}=e_{j}$, then $d_{1}=-\cos (k w / 2) e_{j}, d_{2}=\sin (k w / 2) e_{j}$, where $e_{j}, j=1,2, \ldots, d$ denotes the canonical basis of $\mathbb{R}^{d}$. So, eigenfunctions of (2.6) corresponding to each $\lambda_{k}(k \neq 0)$ can be given as

$$
\begin{align*}
& \eta_{k, j}^{(1)}(n)=\binom{\cos (k w n) e_{j}}{\sin \left(k w\left(n+\frac{1}{2}\right)\right) e_{j}}, \quad n=1,2, \ldots, p \\
& \eta_{k, j}^{(2)}(n)=\binom{\sin (k w n) e_{j}}{-\cos \left(k w\left(n+\frac{1}{2}\right)\right) e_{j}}, \quad n=1,2, \ldots, p \tag{2.12}
\end{align*}
$$

Hereto, $E_{p}$ can be decomposed as $E_{p}=X \oplus X_{1} \oplus X_{2}$ with

$$
\begin{align*}
& X=\left\{x=\{x(n)\} \mid x(n)=c_{1} e_{1}+c_{2} e_{2}+\cdots+c_{2 d} e_{2 d}, c_{i} \in \mathbb{R}, i=1,2, \ldots, 2 d, n=1,2, \ldots, p\right\}, \\
& X_{1}=\left\{x=\{x(n)\} \mid x(n)=\sum_{j=1}^{d} \sum_{k=1}^{(p-1) / 2} \alpha_{k, j} \eta_{k, j}^{(1)}(n)+\sum_{j=1}^{d} \sum_{k=-(p-1) / 2}^{-1} \alpha_{k, j} \eta_{k, j}^{(1)}(n), \alpha_{k, j} \in \mathbb{R}\right\}, \\
& X_{2}=\left\{x=\{x(n)\} \mid x(n)=\sum_{j=1}^{d} \sum_{k=1}^{(p-1) / 2} \beta_{k, j} \eta_{k, j}^{(2)}(n)+\sum_{j=1}^{d} \sum_{k=-(p-1) / 2}^{-1} \beta_{k, j} \eta_{k, j}^{(2)}(n), \beta_{k, j} \in \mathbb{R}\right\} . \tag{2.13}
\end{align*}
$$

Finally, we briefly introduce the $Z_{p}$ geometrical index theory which can be found in [12]. Define a linear operator $\mu: E_{p} \rightarrow E_{p}$ as follows. For any $x \in E_{p}$,

$$
\begin{equation*}
\mu x(n)=x(n+1), \quad \forall n \in \mathbb{Z} . \tag{2.14}
\end{equation*}
$$

Clearly, for any $x \in E_{p}, \mu^{p} x=x$ and $\|\mu x\|_{E_{p}}=\|x\|_{E_{p}}$. So $\mu$ is an isometric action of group $Z_{p}$ on $E_{p}$. It is easy to see that $\operatorname{Fix}_{\mu}:=\left\{x \in E_{p} \mid \mu x=x\right\}=X$.

Note that if $x$ is a periodic solution to (1.1) with period $p$, then $\mu x$ is also a periodic solution to (1.1) with period $p$. We call $\lceil x\rceil=\left\{\mu x, \mu^{2} x, \ldots, \mu^{p} x\right\}$ a $Z_{p}$-orbit of period solution $x$ to (1.1) with period $p$.

Let $E$ be a Banach space and let $\mu$ be a linear isometric action of $Z_{p}$ on $E$. Namely, $\mu$ is a linear operator on $E$ satisfying $\|\mu x\|=\|x\|$ for any $x \in E$ and $\mu^{p}=i d_{E}$, where $Z_{p}$ is the cyclic group with order $p$ and $i d_{E}$ is the identity map on $E$.

A subset $A \subset E$ is called $\mu$-invariant if $\mu(A) \subset A$. A continuous map $f: A \rightarrow E$ is called $\mu$-equivariant if $f(\mu x)=\mu f(x)$ for any $x \in A$. A continuous functional $F: E \rightarrow \mathbb{R}$ is said to be $\mu$-invariant if for any $x \in E, F(\mu x)=F(x)$.

Let us recall the definition of the Palais-Smale condition.
Let $E$ be a real Banach space and $F \in C^{1}(E, \mathbb{R}) . F$ is said to satisfy the Palais-Smale condition $\left((\mathrm{PS})\right.$ condition) if any sequence $\left\{x^{(m)}\right\} \subset E$ for which $\left\{F\left(x^{(m)}\right)\right\}$ is bounded and $F^{\prime}\left(x^{(m)}\right) \rightarrow 0(m \rightarrow \infty)$ possesses a convergent subsequence in $E$.

Our result is based on the following theorem (see [12, Theorem 2.1]).
Theorem 2.1. Let $F \in C^{1}(E, \mathbb{R})$ be a $\mu$-invariant functional satisfying the " $P S$ " condition. Let $Y$ and $Z$ be closed $\mu$-invariant subspaces of $E$ with co $\operatorname{dim} Y$ and $\operatorname{dim} Z$ finite and

$$
\begin{equation*}
\operatorname{codim} Y<\operatorname{dim} Z \tag{2.15}
\end{equation*}
$$

Assume that the following conditions are satisfied.
(F1) $\mathrm{Fix}_{\mu} \subset Y, Z \cap \operatorname{Fix}_{\mu}=\{0\}$;
(F2) $\inf _{x \in Y} F(x)>-\infty$;
(F3) there exist $r>0$ and $c<0$ such that $F(x) \leq c$ whenever $x \in Z$ and $\|x\|=r$;
(F4) if $x \in \operatorname{Fix}_{\mu}$ and $F^{\prime}(x)=0$, then $F(x) \geq 0$.
Then there exist at least $\operatorname{dim} Z-\operatorname{codim} Y$ distinct $Z_{p}$-orbits of critical points of $F$ outside of $\mathrm{Fix}_{\mu}$ with critical value less or equal to $c$.

The following estimate will be useful in the subsequent sections.
Proposition 2.2. For any $x \in E_{p}$, the following inequality holds:

$$
\begin{equation*}
\sum_{n=1}^{p}|\Delta x(n)|^{2} \leq 2\left(1+\cos \frac{\pi}{p}\right) \sum_{n=1}^{p}|x(n)|^{2} . \tag{2.16}
\end{equation*}
$$

Proof. We note that

$$
\begin{equation*}
\sum_{n=1}^{p}|\Delta x(n)|^{2}=2 \sum_{n=1}^{p}[(x(n), x(n))-(x(n+1), x(n))]=(A \Gamma x, \Gamma x), \tag{2.17}
\end{equation*}
$$

where

$$
A=\left(\begin{array}{llll}
B & & & 0  \tag{2.18}\\
& B & & \\
& & \ddots & \\
0 & & & B
\end{array}\right)_{2 d p \times 2 d p} \quad \text { with } B=\left(\begin{array}{cccccc}
2 & -1 & 0 & \cdots & 0 & -1 \\
-1 & 2 & -1 & \cdots & 0 & 0 \\
0 & -1 & 2 & \cdots & 0 & 0 \\
\cdots & \cdots & \cdots & \cdots & \cdots & \cdots \\
0 & 0 & 0 & \cdots & 2 & -1 \\
-1 & 0 & 0 & \cdots & -1 & 2
\end{array}\right)_{p \times p}
$$

It follows from [15] that $p$ distinct eigenvalues of matrix $B$ are $\bar{\lambda}_{k}=4 \sin ^{2}(k \pi / p)$ with $k \in \mathbb{Z}(0, p-1)$ and $\bar{\lambda}_{\text {max }}=\max \left\{\bar{\lambda}_{k} \mid k \in \mathbb{Z}(0, p-1)\right\}=2(1+\cos (\pi / p))$. Since $|\Gamma x|^{2}=$ $\|x\|_{E_{p}}^{2}=\sum_{n=1}^{T}|x(n)|^{2}$, inequality (2.16) now follows from (2.17).
Remark 2.3. Noticing that the set of eigenvalues $\left\{\lambda_{k} \mid k \in \mathbb{Z}(-(p-1) / 2,(p-1) / 2)\right\}$ is bounded from below by -2 and bounded from above by 2 which are different from the differential case. So, we can avoid the fussy process of finding the dual action which is necessary for the differential case (see [4, Chapter 7]).

## 3. The Morse index of a linear positive definite Hamiltonian systems

In this section, we define a pair of index functions $(i(S, p), \nu(S, p)) \in \mathbb{Z}(0,2 d p) \times \mathbb{Z}(0,2 d p)$ for any real symmetric positive definite matrix $S$ and obtain the formulae of the computations of index functions for a diagonal positive definite matrix.

As stated in $[10,11]$, the corresponding action functional of $(1.3)$ is defined on $E_{p}$ by

$$
\begin{equation*}
F_{S}(x)=\frac{1}{2} \sum_{n=1}^{p}[(J \Delta x(n), L x(n))+(S(n) L x(n), L x(n))] . \tag{3.1}
\end{equation*}
$$

Definition 3.1. The index $i(S, p)$ is the Morse index of $F_{S}$, that is, the supremum of the dimensions of the subspaces of $E_{p}$ on which $F_{S}$ is negative definite.

Our assumption follows the existence of $\delta_{p}>0$ such that $(S(n) x, x) \geq \delta_{p}|x|^{2}$ for every $n \in \mathbb{Z}$ and $x \in \mathbb{R}^{2 d}$. The symmetric bilinear form given by $(x, y)_{S}=\sum_{n=1}^{p}(S(n) L x(n)$, $L y(n))$ defines an inner product on $E_{p}$. The corresponding norm $\|\cdot\|_{S}$ is such that

$$
\begin{equation*}
\|x\|_{S}^{2} \geq \delta_{p} \sum_{n=1}^{p}|L x(n)|^{2}=\delta_{p} \sum_{n=1}^{p}|x(n)|^{2} . \tag{3.2}
\end{equation*}
$$

For any $x, y \in E_{p}$, if we define a bilinear function as $a(x, y)=\sum_{n=1}^{p}(J x(n), \Delta L y(n-1))$, then by Proposition 2.2 and (3.2) we have

$$
\begin{align*}
|a(x, y)| & \leq\left(\sum_{n=1}^{p}|J x(n)|^{2}\right)^{1 / 2}\left(\sum_{n=1}^{p}|\Delta L y(n-1)|^{2}\right)^{1 / 2} \\
& =\left(\sum_{n=1}^{p}|x(n)|^{2}\right)^{1 / 2}\left(\sum_{n=1}^{p}|\Delta y(n)|^{2}\right)^{1 / 2} \\
& \leq \sqrt{2\left(1+\cos \left(\frac{\pi}{p}\right)\right)}\left(\sum_{n=1}^{p}|x(n)|^{2}\right)^{1 / 2}\left(\sum_{n=1}^{p}|y(n)|^{2}\right)^{1 / 2}  \tag{3.3}\\
& \leq \frac{\sqrt{2(1+\cos (\pi / p))}}{\delta_{p}}\|x\|_{s}\|y\|_{s} .
\end{align*}
$$

So, by [16, Theorem 2.2.2], we can define the unique continuous linear operator $K$ on $E_{p}$ by $(K x, y)_{S}=\sum_{n=1}^{p}(J x(n), \Delta L y(n-1))$. Since

$$
\begin{equation*}
\sum_{n=1}^{p}(J x(n), \Delta L y(n-1))=-\sum_{n=1}^{p}(J \Delta x(n), L y(n)) \tag{3.4}
\end{equation*}
$$

we have

$$
\begin{equation*}
2 F_{S}(x)=(x-K x, x)_{s} . \tag{3.5}
\end{equation*}
$$

It is obvious that $K$ is self-adjoint. So, it follows from (3.5) that $E_{p}$ will be the orthogonal sum of $\operatorname{ker}(I-K)=H^{0}(S), H^{-}(S)$ and $H^{+}(S)$ with $I-K$ positive definite (resp., negative definite) on $H^{+}(S)$ (resp., $\left.H^{-}(S)\right)$. Clearly, $i(S, p)=\operatorname{dim} H^{-}(S) \in \mathbb{Z}(0,2 d p)$. On the other hand, there exists $\bar{\delta}>0$ such that

$$
\begin{align*}
& (x-K x, x)_{S} \geq \bar{\delta}\|x\|_{S}^{2}, \quad x \in H^{+}(S) \\
& (x-K x, x)_{S} \leq-\bar{\delta}\|x\|_{S}^{2}, \quad x \in H^{-}(S) . \tag{3.6}
\end{align*}
$$

Setting $\delta=\bar{\delta} \delta_{p}>0$, we deduce from (3.2) and (3.5) the estimates

$$
\begin{align*}
& F_{S}(x) \geq \frac{\delta}{2} \sum_{n=1}^{p}|x(n)|^{2}, \quad x \in H^{+}(S)  \tag{3.7}\\
& F_{S}(x) \leq-\frac{\delta}{2} \sum_{n=1}^{p}|x(n)|^{2}, \quad x \in H^{-}(S) \tag{3.8}
\end{align*}
$$

Definition 3.2. The nullity $v(S, p)$ is the dimension of $\operatorname{ker}(I-K)$.
We now state and prove a result which offers another interpretation of the nullity $\nu(S, p)$.

Proposition 3.3. $\operatorname{ker}(I-K)$ is isomorphic to the space of solutions to (1.3).
Proof. By the fact that $J \Delta x(n)=\Delta J x(n)$ we have

$$
\begin{align*}
x \in \operatorname{ker}(I-K) & \Longleftrightarrow((I-K) x, y)_{S}=0, \quad \forall y \in E_{p} \\
& \Longleftrightarrow \sum_{n=1}^{p}[(S(n) L x(n), L y(n))-(J x(n), \Delta L y(n-1))]=0, \quad \forall y \in E_{p}, \\
& \Longleftrightarrow \sum_{n=1}^{p}(\Delta J x(n)+S(n) L x(n), L y(n))=0, \quad \forall y \in E_{p} \\
& \Longleftrightarrow J \Delta x(n)+S(n) L x(n)=0, \quad n \in \mathbb{Z}(1, p) \tag{3.9}
\end{align*}
$$

which implies that $\operatorname{ker}(I-K)$ is isomorphic to the space of solutions to (1.3).
To get more information on the index functions, in the following we will compute the index and the nullity of the diagonal positive definite matrix. By direct computation, it is easy to get the following.

Proposition 3.4. Let $A=\operatorname{diag}\left\{a_{1}, a_{2}, \ldots, a_{2 d}\right\}$ with $a_{i}>0, i \in \mathbb{Z}(1,2 d)$. Then, all the eigenvalues of JA must be pure imaginary and

$$
\begin{equation*}
\sigma(J A)=\left\{ \pm i \alpha_{j} \mid \alpha_{j}>0, j=1,2, \ldots, d\right\} \tag{3.10}
\end{equation*}
$$

with $\alpha_{j}=\sqrt{a_{j} a_{j+d}}$.
On the formulae of the computations of the index and the nullity, we have the following.

Proposition 3.5. For the above matrix $A$, one has

$$
\begin{align*}
& i(A, p)=2 \sum_{j=1}^{d} \sharp\left\{k \in \mathbb{Z}\left(1, \frac{p-1}{2}\right) \left\lvert\, \alpha_{j}<2 \sin \frac{k \pi}{p}\right.\right\},  \tag{3.11}\\
& \nu(A, p)=2 \sum_{j=1}^{d} \#\left\{k \in \mathbb{Z}\left(1, \frac{p-1}{2}\right) \left\lvert\, \alpha_{j}=2 \sin \frac{k \pi}{p}\right.\right\} .
\end{align*}
$$

Proof. If $(I-K) x=\lambda x$ with $x \in E_{p}$, then for all $y \in E_{p}$, we have

$$
\begin{equation*}
\sum_{n=1}^{p}(J \Delta x(n), L y(n))+(A L x(n), L y(n))=\sum_{n=1}^{p}(A \lambda L x(n), L y(n)) \tag{3.12}
\end{equation*}
$$

which implies that

$$
\begin{equation*}
\Delta x(n)=J A(1-\lambda) L x(n), \quad n \in \mathbb{Z}, \quad x(n)=x(n+p) . \tag{3.13}
\end{equation*}
$$

Assume that the general solutions to (3.13) are of the form

$$
\begin{equation*}
x(n)=\mu^{n} \xi=\mu^{n}\binom{\xi_{1}}{\xi_{2}} \tag{3.14}
\end{equation*}
$$

where $\xi_{1}, \xi_{2}$ are vectors in $\mathbb{R}^{d}$. By $x(0)=x(p)$, we have $\mu^{p}=1$, so $\mu=e^{i k w}, k=0,1,2, \ldots$, $p-1$, where $w=2 \pi / p$. Therefore, any nontrivial solution to (3.13) can be expressed as

$$
\begin{equation*}
x(n)=e^{i k w n}\binom{\xi_{1}}{\xi_{2}} . \tag{3.15}
\end{equation*}
$$

Substituting (3.15) into (3.13), we have

$$
2 i \sin \frac{k w}{2}\binom{\xi_{1}}{\xi_{2}}=J A(1-\lambda)\left(\begin{array}{cc}
e^{i k w / 2} I_{d} & 0  \tag{3.16}\\
0 & e^{-i k w / 2} I_{d}
\end{array}\right)\binom{\xi_{1}}{\xi_{2}} .
$$

Noticing that

$$
\sigma\left(J A\left(\begin{array}{cc}
e^{i k w / 2} I_{d} & 0  \tag{3.17}\\
0 & e^{-i k w / 2} I_{d}
\end{array}\right)\right)=\sigma(J A),
$$

by Definitions 3.1 and 3.2 and Proposition 3.4, we get the conclusion.

## 4. Periodic solutions to convex asymptotically linear autonomous discrete Hamiltonian systems

In this section, we consider the existence of multiple $p$-periodic solutions to (1.1) where $H \in C^{1}\left(\mathbb{R}^{2 d}, \mathbb{R}\right)$ is strictly convex and satisfies the following asymptotically linear conditions:

$$
\begin{align*}
& \nabla H(x)=A_{0} x+o(|x|) \quad \text { as }|x| \longrightarrow 0,  \tag{4.1}\\
& \nabla H(x)=A_{\infty} x+o(|x|) \quad \text { as }|x| \longrightarrow \infty \tag{4.2}
\end{align*}
$$

with real symmetric positive definite matrices $A_{0}, A_{\infty}$. Our main result is the following.
Theorem 4.1. Assume that
(A1) $v\left(A_{\infty}, p\right)=0$,
(A2) $i\left(A_{0}, p\right)>i\left(A_{\infty}, p\right)$.
Then (1.1) has at least $i\left(A_{0}, p\right)-i\left(A_{\infty}, p\right)$ distinct nonconstant $Z_{p}$-periodic orbits.
Remark 4.2. (1) It follows from (A1) and Proposition 3.3 that the linear systems

$$
\begin{equation*}
J \Delta x(n)+A_{\infty} L x(n)=0, \quad n \in \mathbb{Z} \tag{4.3}
\end{equation*}
$$

do not have any nontrivial $p$-periodic solutions. Thus (A1) is a nonresonance condition at infinity.
(2) Since $H$ is strictly convex and $\nabla H(0)=0$ by (4.1), 0 is the unique equilibrium point of (1.1). Without loss of generality, we can assume that $H(0)=0$. The action functional of (1.1) defined by

$$
\begin{equation*}
F_{H}(x)=\sum_{n=1}^{p}\left[\frac{1}{2}(J \Delta x(n), L x(n))+H(L x(n))\right] \tag{4.4}
\end{equation*}
$$

is continuously differentiable on $E_{p}$. Since $F_{H}$ is a $\mu$-invariant functional, we are in a position to apply Theorem 2.1.
(3) It is convenient in this section to use the inner product $(x, y)_{A_{\infty}}=\sum_{n=1}^{p}\left(A_{\infty} L x(n)\right.$, $L y(n))$ and the corresponding norm $\|\cdot\|_{A_{\infty}}$ in $E_{p}$. The norm is equivalent to the standard norm of $E_{p}$.

The proof of Theorem 4.1 depends on the following lemmas. The first one implies that $F_{H}$ satisfies the "PS" condition.

Lemma 4.3. Every sequence $\left\{x^{(j)}\right\}$ in $E_{p}$ such that $F_{H}^{\prime}\left(x^{(j)}\right) \rightarrow 0(j \rightarrow \infty)$ contains a convergent subsequence.

Proof. Let us define the operator $Q$ over $E_{p}$, using the Riesz theorem, by the formula

$$
\begin{equation*}
(Q x, y)_{A_{\infty}}=\sum_{n=1}^{p}\left(\nabla H(L x(n))-A_{\infty} L x(n), L y(n)\right) \tag{4.5}
\end{equation*}
$$

Since

$$
\begin{equation*}
\left\langle F_{H}^{\prime}(x), y\right\rangle=\sum_{n=1}^{p}(J \Delta x(n), L y(n))+(\nabla H(L x(n), L y(n))) \tag{4.6}
\end{equation*}
$$

we have

$$
\begin{equation*}
\left\langle F_{H}^{\prime}(x), y\right\rangle=(x-K x+Q x, y)_{A_{\infty}} \tag{4.7}
\end{equation*}
$$

Let $f^{(j)}=x^{(j)}-K x^{(j)}+Q x^{(j)}$. Then by assumption $F_{H}^{\prime}\left(x^{(j)}\right) \rightarrow 0(j \rightarrow \infty)$, we have $f^{(j)} \rightarrow$ 0 as $j \rightarrow \infty$. In particular, there exists $R>0$ such that $\left\|f^{(j)}\right\| \leq R$ for every $j$. Assumption (A1) implies that $P=I-K$ is invertible. Thus, it follows from (4.2) that there exists some $c>0$ such that $\|Q x\| \leq 1 / 2\left\|P^{-1}\right\|^{-1}\|x\|+c$ for all $x \in E_{p}$. Therefore, we have

$$
\begin{equation*}
\left\|x^{(j)}\right\|=\left\|P^{-1} P x^{(j)}\right\| \leq\left\|P^{-1}\right\|\left(\left\|f^{(j)}\right\|+\left\|Q x^{(j)}\right\|\right) \leq \frac{1}{2}\left\|x^{(j)}\right\|+\left\|P^{-1}\right\|(c+R) \tag{4.8}
\end{equation*}
$$

and hence $\left\{x^{(j)}\right\}$ is bounded. The proof is complete since $E_{p}$ is a finite dimensional space.

We now verify the condition (F2) of Theorem 2.1 for $F_{H}$.
Lemma 4.4. The functional $F_{H}$ is bounded from below on a closed $\mu$-invariant subspace $Y$ of $E_{p}$ with codimension $i\left(A_{\infty}, p\right)$.

Proof. By assumption (A1), $E_{p}$ is the orthogonal direct sum of $H^{+}\left(A_{\infty}\right)$ and $H^{-}\left(A_{\infty}\right)$. Hence, co $\operatorname{dim} H^{+}\left(A_{\infty}\right)=\operatorname{dim} H^{-}\left(A_{\infty}\right)=i\left(A_{\infty}, p\right)$ and there exists a closed $\mu$-invariant subspace $Y=H^{+}\left(A_{\infty}\right)$ of $E_{p}$ with codimension $i\left(A_{\infty}, p\right)$. By (3.7), there exists $\delta>0$ such that for each $x \in Y$,

$$
\begin{equation*}
F_{A_{\infty}}(x)=\frac{1}{2} \sum_{n=1}^{p}\left[(J \Delta L x(n-1), x(n))+\left(A_{\infty} L x(n), L x(n)\right)\right] \geq \frac{\delta}{2} \sum_{n=1}^{p}|x(n)|^{2} \tag{4.9}
\end{equation*}
$$

It follows from (4.2) that there exists $c>0$ such that $\left|\nabla H(x)-A_{\infty} x\right| \leq \delta|x| / 2+c$ for each $x \in \mathbb{R}^{2 d}$. Hence, by direct integrating, we have

$$
\begin{align*}
\left|H(x)-\frac{1}{2}\left(A_{\infty} x, x\right)\right| & \leq \int_{0}^{1}\left|\left(\nabla H(t x)-A_{\infty} t x, x\right)\right| d t \\
& \leq \int_{0}^{1}\left(\frac{\delta}{2} t|x|^{2}+c|x|\right) d t  \tag{4.10}\\
& =\frac{\delta}{4}|x|^{2}+c|x| .
\end{align*}
$$

Consequently, we have, for $x \in Y$,

$$
\begin{align*}
F_{H}(x) & =F_{A_{\infty}}(x)+\sum_{n=1}^{p}\left(H(L x(n))-\frac{1}{2}\left(A_{\infty} L x(n), L x(n)\right)\right) \\
& \geq \frac{\delta}{2} \sum_{n=1}^{p}|x(n)|^{2}-\sum_{n=1}^{p}\left[\frac{\delta}{4}|L x(n)|^{2}+c|L x(n)|\right]  \tag{4.11}\\
& \geq \frac{\delta}{4} \sum_{n=1}^{p}|x(n)|^{2}-c p^{1 / 2}\left(\sum_{n=1}^{p}|x(n)|^{2}\right)^{1 / 2}
\end{align*}
$$

and hence $F_{H}$ is bounded from below on $Y$.
Now, we show that the condition (F3) of Theorem 2.1 holds for $F_{H}$.
Lemma 4.5. There exists a closed $\mu$-invariant subspace $Z$ of $E_{p}$ with dimension $i\left(A_{0}, p\right)$ and some $r>0$ such that $F(x)<0$ whenever $x \in Z$ and $\|x\|_{A_{\infty}}=r$.

Proof. By (3.8), there exists a $\mu$-invariant subspace $Z=H^{-}\left(A_{0}\right)$ of $E_{p}$ with dimension $i\left(A_{0}, p\right)$ and some $\delta>0$ such that

$$
\begin{equation*}
F_{A_{0}}(x)=\frac{1}{2} \sum_{n=1}^{p}\left[(J \Delta L x(n-1), x(n))+\left(A_{0} L x(n), L x(n)\right)\right] \leq-\frac{\delta}{2} \sum_{n=1}^{p}|x(n)|^{2} \tag{4.12}
\end{equation*}
$$

whenever $x \in Z$. By (4.1), there exists $r>0$ such that $\left|\nabla H(x)-A_{0} x\right| \leq \delta|x| / 2$ for each $x \in \mathbb{R}^{2 d}$ with $\|x\|_{A_{\infty}} \leq r$. Hence, by direct integrating, we have

$$
\begin{equation*}
\left|H(x)-\frac{1}{2}\left(A_{0} x, x\right)\right| \leq \int_{0}^{1}\left|\left(\nabla H(t x)-A_{0} t x, x\right)\right| d t \leq \int_{0}^{1} \frac{\delta}{2} t|x|^{2} d t=\frac{\delta}{4}|x|^{2} \tag{4.13}
\end{equation*}
$$

whenever $\|x\|_{A_{\infty}} \leq r$. Consequently, if $x \in Z$ and $0<\|x\|_{A_{\infty}} \leq r$, we get

$$
\begin{align*}
F_{H}(x) & =F_{A_{0}}(x)+\sum_{n=1}^{p}\left(H(L x(n))-\frac{1}{2}\left(A_{0} L x(n), L x(n)\right)\right) \\
& \leq-\frac{\delta}{2} \sum_{n=1}^{p}|x(n)|^{2}+\frac{\delta}{4} \sum_{n=1}^{p}|x(n)|^{2}=-\frac{\delta}{4} \sum_{n=1}^{p}|x(n)|^{2} \tag{4.14}
\end{align*}
$$

and the proof is complete.
Proof of Theorem 4.1. We apply Theorem 2.1 to $F_{H}$ which is $\mu$-invariant and satisfies the "PS" condition by Lemma 4.3. The spaces $Y$ and $Z$ introduced, respectively, in Lemma 4.4 and Lemma 4.5 satisfy the assumption $i\left(A_{\infty}, p\right)=\operatorname{codim} Y<\operatorname{dim} Z=i\left(A_{0}, p\right)$. Since $\operatorname{Fix}_{\mu}=X$ for all $0 \neq x \in X$, we have $F_{A_{\infty}}(x)=1 / 2 \sum_{n=1}^{p}\left(A_{\infty} L x(n), L x(n)\right)>0$, so $x \in$ $H^{+}\left(A_{\infty}\right)=Y$. At the same time, it is easy to verify that $\operatorname{Fix}_{\mu} \cap Z=\operatorname{Fix}_{\mu} \cap H^{-}\left(A_{0}\right)=\{0\}$. So, the condition (F1) of Theorem 2.1 holds for $F_{H}$. Finally, if $x \in \operatorname{Fix}_{\mu}$ and $F_{H}^{\prime}(x)=0$, then $\left\langle F_{H}^{\prime}(x), y\right\rangle=\sum_{n=1}^{p}(\nabla H(L x(n)), L y(n))=0$. By (2) of Remark 4.2 we have $x=0$, so $F_{H}(0)=0$ and the condition (F4) of Theorem 2.1 holds for $F_{H}$. Thus, all the conditions of Theorem 2.1 are satisfied. Then there exist at least $i\left(A_{0}, p\right)-i\left(A_{\infty}, p\right)$ distinct nonconstant $Z_{p}$-orbits of critical points of $F_{H}$ and the proof is complete.
Remark 4.6. In addition to the assumptions in Theorem 4.1, if we further assume that the Hamiltonian function is odd on $\mathbb{R}^{2 N}$, then for any prime integer $p>2$, (1.1) possesses at least $2\left[i\left(A_{0}, p\right)-i\left(A_{\infty}, p\right)\right]$ distinct $Z_{p}$-orbits of solutions with period $p$ (see [12, Corollary 1.1]).

Example 4.7. Let $H \in C^{1}\left(\mathbb{R}^{2 d}, \mathbb{R}\right)$ be strictly convex such that $H(0)=0$ and $\nabla H(0)=0$. Let $p>0$ be a prime integer. Assume that there exists $\gamma>2$ such that

$$
\begin{equation*}
\nabla H(x)=\gamma x+o(|x|) \quad \text { as }|x| \longrightarrow \infty \tag{4.15}
\end{equation*}
$$

and some $1 \leq j \leq(p-1) / 2$ and $2 \sin ((j-1) \pi / p)<\beta<2 \sin (j \pi / p)$ such that

$$
\begin{equation*}
\nabla H(x)=\beta x+o(|x|) \quad \text { as }|x| \longrightarrow 0 . \tag{4.16}
\end{equation*}
$$

By Proposition 3.5, we get $\nu\left(\gamma I_{d}, p\right)=0, i\left(\gamma I_{d}, p\right)=0$, and $i\left(\beta I_{d}, p\right)=d(p-2 j+1)$. Then, the problem

$$
\begin{equation*}
J \Delta x(n)+\nabla H(L x(n))=0, \quad n \in \mathbb{Z}, x(n+p)=x(n) \tag{4.17}
\end{equation*}
$$

has at least $d(p-2 j+1)$ distinct nonconstant $Z_{p}$-periodic orbits.

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